



FEDERATION OF HOUSTON
PROFESSIONAL WOMEN
"LINKING WOMEN FOR 40 YEARS"

1981-2021

Topic: "A Conversation to Declutter Your Mind, Space, and Business: Simple Tools to Add Time, Peace, and Money"

Guest Panelists



Lucia Harmeling



Dai Smith



Nikki Smith

Panelist's Bios

Lucia Harmeling is a body attunement dietitian, author, speaker, yoga instructor, and women empowerment coach. She worked in the Houston Medical Center as a clinician dietitian for seven years, dedicating her last three to oncology nutrition. She is now the founder and owner of Savorli, LLC whose mission is to help women ditch dieting, self-hatred, and self-limiting beliefs. She stands for body diversity, holistic health, and living a passionate life. **Website:** <https://savorli.co/>

Dai Smith is the owner and founder of Simplicity By Day, LLC, the organizing consulting company that provides simple and organized solutions for entrepreneurs, professionals and parents. She is a certified professional organizer with the American International Organizing Professionals and has undergrad and graduate business degrees and is a design school graduate. She is an award-winning sales/marketing professional who specializes in productivity and décor organizing and is a member of the National Association of Productivity and Organizing. She juggles marriage, motherhood, career and entrepreneurship, and with that is the secret weapon for entrepreneurs and busy professionals who want to trade clutter and chaos for simple and organized. Dai lives in Houston with her husband, and two kids. **Website:** <https://www.simplicitybyday.com/>

Nikki Smith a native Houstonian, is the owner of 365NNC (No New Clothes & Skin Liqueur Cosmetics). She is an international speaker, author, and an experienced personal stylist, image coach, and set designer with 30 years in the beauty industry. Nikki is passionate about helping others build confidence and leverage their image for opportunities that generate and increase revenue. Her clients are located across the United States and include CEOs, bank and hospital presidents, international speakers, pastors, professional sports league spouses, and other entrepreneurs and business professionals. As a former corporate major account executive with her own skincare and cosmetics line, Nikki worked with celebrity makeup artist, Day Hill. That opportunity exposed her to fashion designer Michael Knight at New York Fashion Week, Steve Harvey, TLC, Toya of the Atlanta Housewives, Nicki Minaj, and more. **Website:** <https://www.365nnc.com/>



Wednesday, June 16, 2021

Hyatt Place, 1909 Research Forest Dr., Woodlands, 77380

11:30am - 1pm; ****Register at fhpw.org****

Advance Purchase: \$30

Late After Jun 9th: \$40

(seating is limited, social distancing and masks required)

Food may be taken "To Go"

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